
SHREWSBURY YOUTH MISSION TEAM

SCHOOL INFORMATION



EVENTS, TRAINING,
OPPORTUNITIES AND SUPPORT

SHREWSBURY YOUTH MISSION TEAM



**UPSIDE
DOWN**



**INSIDE
OUT**

UPSIDE DOWN - INSIDE OUT

is the Shrewsbury Youth Mission Team's response to working with young people in dealing with emotions and feelings in a post pandemic world.

- ➔ AN OUTDOOR EXPERIENCE
- ➔ ACTIVITIES AND WORKSHOPS
- ➔ REFLECTION AND PRAYER
- ➔ GROUP WORK



CONTACT YOUTH@DIOCESEOFSHREWSBURY.ORG FOR MORE INFO

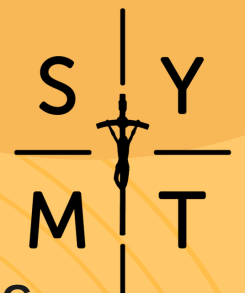
LIGHT OF FAITH

A day for school students to come together in faith within the parish context .

An SYMT led day for young people providing activities, prayer and reflection to help students deepen their faith.

These experiences can be tailored to your group size and needs e.g. deanery schools can come together for a Light of Faith day.

CONTACT YOUTH@DIOCESEOFSHREWSBURY.ORG FOR MORE INFORMATION OR TO BOOK A DATE FOR YOUR SCHOOL.



BACK TO BASICS

ESSENTIALS OF WORKING WITH YOUNG
PEOPLE IN A POST PANDEMIC WORLD.



**A training course for adults working with
young people:**

Young people today
Breaking the ice
Communication
Social media and marketing
Praying with young people
Young people and faith

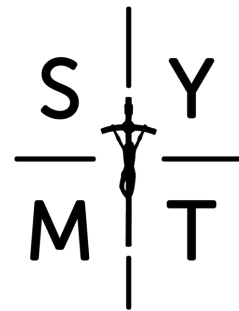
Course content can be tailored to your school.



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Faith in Action Award

Recognising,
rewarding and
celebrating the active
faith and service of
young people



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FOR MORE INFORMATION

PRAYER LEADERS

Does your school have prayer leaders?

Would you like to start a group of prayer leaders/peer chaplains in your school?

SYMT are available to support you and your young people through:

- Prayer leader training and formation
- Session plans
- Resources

Why not join with other schools in your area for a prayer leader retreat day?





WHY NOT INVITE SYMT
TO YOUR NEXT

STAFF INSET DAY?

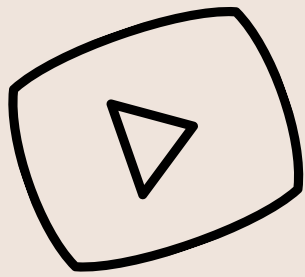
STAFF LITURGIES

**INTRODUCTION TO
YOUTH MINISTRY**

**SUPPORT FOR NON-
CATHOLIC TEACHERS**



Contact youth@dioceseofshrewsbury.org for more info



YOUTUBE



THE BIG QUESTIONS

Short videos answering key questions about faith, life and the Church. Available to watch as stand alone or as a series to support RE topics.

CHILDREN'S LITURGY

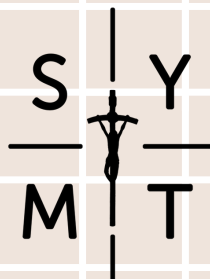
Join Clare for prayer and activities. Weekly videos to dive deeper into the Sunday Mass readings aimed at primary school students.

IGNITE

Live streamed on Monday mornings to start the week with prayer and reflection.

CLERGY CAFE

A series of videos interviewing priests, religious brothers and sisters and others. Learn about the different ways Catholics are living out their vocations.



explore

ENGAGE ENCOURAGE

A RETREAT DAY FOR STUDENTS

A day of activity, reflection and prayer written specifically for your school with themes fitting to the liturgical season.

Book an Explore retreat for Advent, Lent or Easter.

- **STEP AWAY FROM THE WORLD**
- **ENGAGE WITH OUR FAITH**
- **ENCOURAGE EACH OTHER**
- **EXPLORE TOGETHER**



Contact youth@dioceseofshrewsbury.org for more information or to book an explore retreat for your school.

Reconciliation LITURGY

SYMT can lead students through preparation for the sacrament of reconciliation, gather priests to administer the sacrament and close the liturgy in prayer and reflection.



Contact
youth@dioceseofshrewsbury.org
for more info



WORKSHOPS

Shorter sessions for class groups to explore certain themes with activities and prayer.

VALUES -

What do I stand for?
What is important to me?



ACTS OF KINDNESS -

How can I be a good neighbour?

FOLLOW -

How can I be a disciple of Jesus?

JOURNEY -

What are my hopes and dreams for the future?

SOME OF THE WORKSHOP TOPICS AVAILABLE:

THE BODY OF CHRIST -

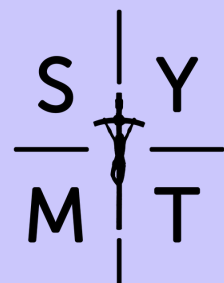
What is the Church?
What is my role within it?



HAPPINESS -

What does it mean to be truly happy?
What does Jesus have to say about happiness?

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YEAR 7

RETREAT.

HELP YOUR
YEAR 7'S SETTLE

IN TO THEIR
NEW SCHOOL

SET A POSITIVE &
PRAYERFUL TONE FOR
THE SCHOOL YEAR

ALLOW NEW PUPILS
TO MAKE FRIENDS

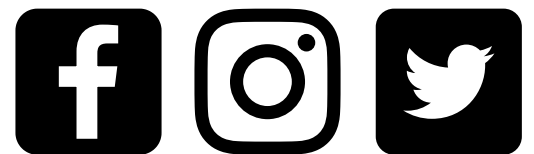
Contact youth@dioceseofshrewsbury.org
for more information and to book a date
for your year 7s

GET IN TOUCH

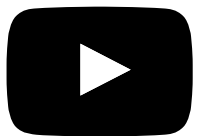
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SOCIAL MEDIA:



@shrewsbury_YMT



Shrewsbury Youth
Mission Team

